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Mom Knows Best ~ Healthy Recipes, Fitness & Parenting.

Clean The Bathroom Mess The Non Toxic Way

Bathrooms don't stand a chance against this non-toxic bathroom disinfectant.

The bathroom is my least favorite room to clean, especially the one upstairs that the boys use. Bathrooms are a place to get clean and take care of bodily functions. Sometimes the bodily functions of boys can be quite messy. No matter how much you teach boys how to aim, pee always ends up around the potty. In a perfect world, boys would sit while they pee but I don't see that happening. I tried to keep my boys in the dark about standing while potty training but all too soon they see an older brother or friend in the bathroom and it is over. So as a mom of four boys, five if you include the husband, your best defense is **non-toxic cleaners** that kill over 99.9% of the bathroom germs, including cold & flu viruses.

A safer way to clean

I am glad that the boys have learned how to lift the seat when using the bathroom and they always put it back down afterward. So, for the most part, I never see the mess until cleaning day. My

husband is also good at playing pee police and will make the boys clean the toilet seat if he sees a mess. So I like to keep a container of **Botanical Disinfecting Wipes** in the bathroom so they can wipe up after their messes. Messes will happen. I like that there are non-toxic wipes that my boys can use to wipe down the toilet seat. So what happens in the bathroom stays in the bathroom.

Most household cleaning products are a cocktail of chemicals that can be dangerous to your health. Common ingredients include:

- *Quaternary ammonium – used as an antimicrobial and disinfectant – but toxic to aquatic animals and linked to asthma, skin irritation, birth defects and fertility problems in mice*
- *2-butoxyethanol – a solvent linked to sore throats and, at high levels, pulmonary edema, and liver and kidney damage- now listed as a hazardous substance in California*
- *Formaldehyde – a known human carcinogen that masquerades under different names such as formalin, methanol, and oxymethylene on product labels*
- *Synthetic coloring – linked to skin irritations and ADHD in children*



Fight those germs with CleanWell

What happens in the bathroom stays in the bathroom. I try to deep clean the bathroom one a week. It is my least favorite place to clean but it has to be done. Since my boys are older, they help out with the chores around the house. They help make the messes so they help clean them up. So by using safe non-toxic cleaners, my boys can help with the bathroom chores. I spray and they wipe. Since my favorite cleaner requires no rinsing, we can get the bathroom cleaned in no time. The citrus scent leaves the bathroom smelling nice and clean.

Clean Well is a powerhouse citrus botanical formula that is a kick-butt germ and odor-causing bacteria spray that's perfect for every bathroom surface.